



## Making the Wait Worthwhile

**Inspiration, Information and Some Special Discounts  
to Help You Invest in Your Immunity**



One of the most difficult aspects of the Coronavirus waiting game is how much stress it is creating in our lives and in our homes. I've often complained that it takes an illness for me to stop long enough to smell the roses, but then I'm too sick to smell anything.

### **This is an opportunity...**

We have a chance to focus on things that we normally don't have enough time for. It also gives us the opportunity to reconnect with nature, with our families as a family and with the deepest part of ourselves.

**But the most important aspect of this opportunity  
is to learn from this experience just  
how important our immune system is.**

**We can no longer just sit and wait for an illness to strike.**

**We have to prepare our immune system  
today and every day.**

**Because the next coronavirus will come.**

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**How to Use This Time**

## to Your Advantage

Restaurants, bars, schools, gyms, medical offices, movie theaters, libraries and just about everything is closing temporarily to prevent illness from creeping through our corridors.

The stress of lost income, backlog of work, missed appointments and panic-buying at the grocery store is making this period of time even more upsetting.

**STOP... Breathe ... Think ....**

**This is an opportunity.**

**I promise you if you step back and look at this, you will see that it is an opportunity.**

How many times have you said, "If I just had some free time..." Well now you do. Forced it may be. Uncomfortable it definitely is. But it can be time that is undistracted and unplanned. So use it wisely.



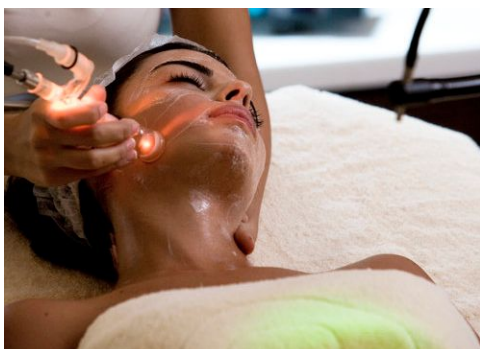
**My desk has not been this clean in 2 years!**

- \* Begin a meditation practice.
- \* Start and end your day with yoga.
- \* Do a cleanse or detoxification program (see our special below!).
- \* Watch and read the things that you haven't had time to enjoy.
- \* Go for a walk.
- \* Clean out your garage, your basement or your attic.
- \* Complete at least one project that has been nagging at you forever.

## Some Specially Priced Ways to Focus on Your Health

**We want to help you invest in a strong community immunity.**

**Create a plan to improve your immunity with as many of these specials as you wish for yourself and those you love before April 30th and use them anytime from May 1st through August 31st!  
Spend your summer making a change!**



## **Decongestive Lymphatic Therapy with Iris Stowe**

There is no better way to clear toxins, pathogens and debris from the body than by decongesting the lymph fluid.

**Series of 3 Body Basic  
Lymph sessions for only  
\$300.00  
A savings of \$75.00**

## **Colonic Hydrotherapy Sessions**

with Kate Leighton

Time with Kate is time well spent not just on your colon, but on your diet, detox and life!

**Series of 3 Colonic  
Hydrotherapy sessions for  
for only \$300.00  
A savings of \$60.00**

**Call us at 508-826-3551 or visit our online Conscious Body Shop to purchase any of these specials.**

### **The Conscious Body Shop**



## **New Patient Appointments with Dr. Karen Clickner**

Help someone in need to get natural solutions for an autoimmune condition or an immunodeficiency situation.

**New Patient Appointments  
for only \$250.00  
including recommended  
medicinals**



## **European Regulation Thermography Scans Before and After**

See the difference your hard work makes with a Before and After Thermography scan.

This is the best way to assess your immunity, your overall body health and your body systems.  
Spend time this summer truly improving your immunity and see the results in full color!

**Thermography Before and  
After Scan and Review for only  
\$550.00  
A savings of \$150.00!**

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**Call us at 508-826-3551 or visit our online Conscious Body Shop to purchase any of these specials.**



**Detox Kit**

**Save \$40.00 - only \$100.00**

**Weight Loss Kit**

**Save \$45.00 - only \$250.00**

**Kits are available anytime you wish from now through August 31st. They can be picked up or shipped.**

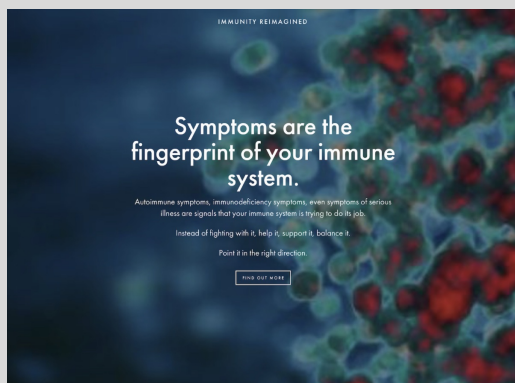
**Take this opportunity to improve your immunity by reducing your body burden with Cleanse & Weight Loss**

**Choose Your Focus:**

**Homeopathic Detox Kit** - liquid extracts to take daily to detoxify all your key body systems.

**Weight Loss Kit** - this proven 3 week complete kit includes the detox kit plus homeopathic HcG and special formulas to prevent cravings and control appetite.

**Contact Cheryl to order your kits today at 508-826-3551 or by email.**



**Invest in your immunity every day.**

**It is the only way to ensure your future health.**

**Immunity Reimagined**

If there is one thing that is to be learned from this difficult period of time, it is that the best way to prepare for the next immune challenge is to train our immunity every single day.

My new "Immunity Reimagined" website is designed to help you understand everything about your immune system and what you can do to live your life with fewer illnesses and less severe symptoms.

**If you missed any of my Coronavirus information you can review it all on my Immunity Reimagined Website**

**Read My Coronavirus**

## Articles

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**We are available to answer your questions and help with appointments at 617.505.3585 or [Send an Email](#)**

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