

Email not displaying correctly? [View it](#) in your browser



May Day at Conscious Body

Spring may have included snow, wind, sleet and frigid cold, but it has also brought sun, warmth and that feeling that we should get out and enjoy nature.

Spring has always meant change to me. It has also been the little push I need to renew myself.

This spring I encourage you to do just that. Take a good, hard look at your diet, your exercise routine (or lack thereof!), your tendency to allergies, your symptoms and your mindset.

Let us help you make this year the best year ever. The year that you focus on setting up the rest of your life!





Just in Time for Mother's Day!

Care about the women in your life with one of our Conscious Body Kits!

After more than 35 years of helping people with difficult symptoms and chronic illness, we have created 30 day comprehensive kits that address some of the most common complaints our patients have! Each kit is selected from our homeopathic remedies, high-grade herbal medicinals, raw food concentrates and even our Ecocert certified skin formulas and comes with complete instructions.

Insomnia Cure

- our best combination of remedies to finally provide restful sleep.

Healthy Heart

- for everything from A-Fib to heart palpitations, based on research with our Heart Sound Recorder testing.

Panic Button

- for anxiety, panic attacks, anxious stress, stage fright and anxiety insomnia.

Pre & Post Surgery

- the best remedies for ensuring quick and effective healing from any surgery.

Cleopatra's Skin Cure

- certified combination of skin detoxification, restructuring and healing from the outside and the inside.

Lymph Miracle Mobilizer

- the best option for edema, fluid retention, chronic immune weakness and all lymphatic challenges.

Immunity Reimagined Kit

- a complete system for rebuilding your immune system and preventing both bacterial and viral illness.



Seasons of Salt

Many of our patients have experienced the incredible benefits of oil-infused bath salts by Phyto. Individual intensive salt therapy for the bath or shower with seasonal formulas for each Chinese element. Wood for circulation, Earth for detoxification, Water for hydration, Metal for mineralization and Fire for stimulation.

Now you can have the entire year of therapy for your bath with our beautiful black Miron glass containers filled with each season of salt! Miron glass is the world's most effective storage glass that can extend shelf-life by 500%!



Five seasonal containers of salt for \$95.00



Dr. Clickner's Recent Articles

Dr. Clickner writes and publishes articles for various publications and online resources. Here are links to three of her recent articles in Wisdom Magazine.

[Lessons From Living Things](#)

[How to Make the Most From Vaccinations](#)

Ready for Springtime Allergies?



As the trees and plants begin to flower, pollen begins to fill the air. We have spent years figuring out the best medicinal options for chronic allergy sufferers and now is the time to try it out!

Histamine Homeopathic - 10 drops under the tongue 3 times daily and up to 6 times daily for severe symptoms.

Allergy Rescue - 10 drops under the tongue 3 times daily.

Albizia Complex - 2 tablets before breakfast, lunch and dinner.

[Visit our Website](#)



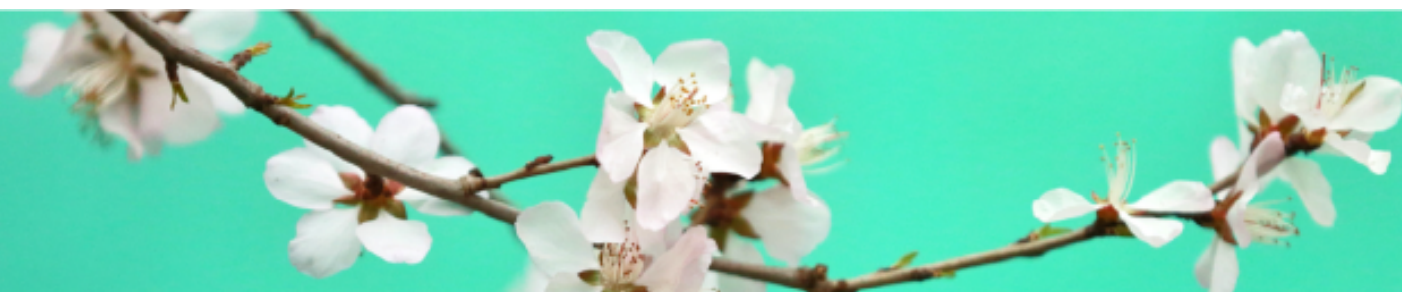
Cold Laser Treatments with Christina Barbieri

You have been speaking with Christina on the phone when you call for an appointment. But what you may not know is that she is an incredible therapist. Part of the joy of doing yoga is also having a way to address pain, inflammation and discomfort that can occur when the body is developing flexibility. This has brought Christina into the world of Cold Laser Therapy and she is now providing this therapy at Conscious Body. There is not a single better way to reduce or eliminate chronic pain and the Avant Laser has out-performed all other laser products with multiple wavelengths and significantly more power creating incredible tissue changes.

There are more than 5000 clinical studies showing the benefits of Cold Laser Therapy and not just for pain and inflammation. It has been very effective for migraines, hearing loss, gallstones, neuropathy, Meniere's Disease, Carpal Tunnel, rosacea, Dental issues, infections and pneumonia. In fact it has been shown to have positive results in over 200 different diseases and conditions.

**Sessions are available at the Westborough clinic for
\$50.00 for a limited time.**

Call Christina to sign up today at (617) 505-3585



Conscious Body Natural Medicine of Holden & Westborough
63 Highland Street in Holden, MA 01520
125 Turnpike Road in Westborough MA 01581
Our Reception Desk: (617) 505-3585
To unsubscribe please click [Here](#)