

# Healing from Military Service

## The Latest from Conscious Body



August 2017

Dear Karen,

### Healing from Military Service

Many years ago my mother talked about how my great great grandfather said goodbye to his wife and parents and marched off to the civil war. The truth however was that he simply marched off to Buffalo, NY and paid a young man to go to war in his place. He sat out the war in Buffalo while his replacement sent letters to my great great grandmother detailing the war until he was wounded and sent home to Iowa where he never recovered and died some years later, having spared my family the agonies of war.



That may have spared one family, but so many families in my practice have had loved ones whom have returned from military service and are suffering. Our servicemen and women come home and we believe that because there isn't an active war in play, that they have not been traumatized. We don't understand their severe fatigue, insomnia, memory loss, mood swings and even changes in personality. They suffer with one infection after another or unrelenting pain, headaches, tinnitus or respiratory difficulty.

This month we are hoping you will help us to change that by encouraging your friends and family that have served to come in and get the help they deserve.

I have put together a group of treatments that have changed the lives of our personal heroes, eliminating their symptoms and helping to stabilize their mood, their bodies and their lives.

These remedies work perfectly alongside their conventional medications and therapies, but truly provide dramatic change to help them recover their health.

Please spread the word!

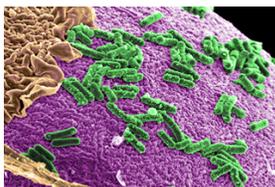
Dr. Karen Clickner



Read the latest interview with Dr. Karen Clickner in Boston Voyager Magazine

[Click here](#)

Read More About Immune Dysregulation Disorder©



Visit our new website at Immunity Reimagined

Learn more about Stealth Pathogens,



## PTSD Factors: Healing From Military Service

Why are there so many servicepeople that continue to suffer with unresolved illness and symptoms despite conventional medical help? It is because these are much more complex cases than we are led to believe. Even psychological symptoms, chronic insomnia, nightmares, severe depression, panic attacks and anger issues can be due to a severely dysregulated immune system and unresolved exposure factors.

Let us help identify the factors that drive your symptoms.

**Initial Holistic Assessment for only \$95.00\***

Available through September 15th for all current or former service men and women who have unresolved symptoms or illness.

We have a limited number of available appointments so please call us to schedule at

**(617) 505-3585**

\*Our normal price is \$195.00 and \$150.00. Please bring your military ID with you to your appointment to receive your discount

Autoimmune Disorders and Immune Dysregulation.

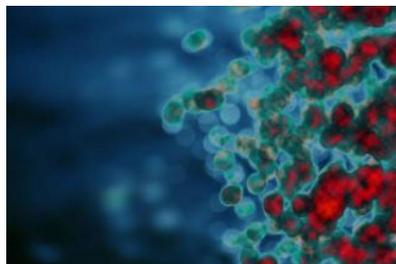
# What are the factors that cause chronic symptoms in military servicepeople?

## How Do We Clear the Body?

We have been using Physica Energetics Canadian formulas that are organically-derived. There is a detox formula for:

- Mold
- Unresolved Viruses
- Bacteria
- Heavy Metals
- Chemicals / Drugs
- Food Allergies
- Environmental Allergies
- Neurotoxins
- Yeast & Candida
- Parasites / Amoebas
- Intestinal Mesenchyme
- Dental Substances
- Liver Substances
- Herpes Exposure
- Inflammation
- Geopathic Stress
- Mononucleosis
- Mycoplasma
- Pesticides
- Sinus / Respiratory
- Thyroid
- Vaccinations

## Using Thermography to Find the Problem



### Factor 1: Infection

There are hundreds of viruses, bacteria and unique infections that are relatively undetectable by conventional medical

testing or they exist at such a low level that they don't register despite the symptoms they cause. Many of these are "stealth pathogens" that hijack body systems and resources to reproduce and live hidden from the body's immune system. These unresolved infections affecting the brain, nervous system and musculoskeletal system including viruses, bacteria and parasites can cause everything from chronic pain to breathing difficulty to insomnia to hallucinations.

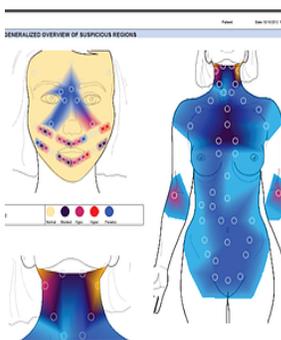


### Factor 2: Toxic Exposure

Military personnel are exposed to numerous chemicals and toxins, often unknowingly.

Inhaled, absorbed or ingested toxins can move into micro-circulatory pathways and be deposited in brain, lung, liver, kidney and even muscle tissue. Some exposures may be short, but many are chronic based on the environment and the duties of the serviceperson.

Heavy metals, mold spores, chemicals, foreign environmental toxins, military waste and even plastics have been clinically found in human tissues and have volatile neuro-disruptive effects. This is by



The accuracy and comprehensive report that is generated with this German highly sensitive equipment has been invaluable in unraveling mysterious conditions.

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- Kidney Weakness
- Prostate
- Dysregulation
- Breast Cysts
- Gut Dysbiosis
- Lung Weakness
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far the largest contributor to PTSD and chronic illness, including personality disorders. Human tissue is not designed to experience such an assault.

Changes that occur from the precipitation of toxins into the crevices and tissues of the brain can cause mood swings, severe depression, hallucinations and suicidal tendencies. Psychotherapy and prescription drugs do nothing to clear these disruptive patterns and toxins. Ignoring these toxins allows living tissue to be damaged and destroyed gradually over time while the patient suffers daily without relief.



### Factor 3: Scar Tissue & Physical Injury

Physical injury is something that almost every soldier experiences at some

point. Scar tissue that forms can interfere with normal fluid movement of the body and cause biochemical changes in the body. Complete healing requires concentrated nutritional factors and antioxidants as well as supporting the body's inherent ability to clear injured tissues. This is something that is often overlooked in conventional medical treatment, instead relying on steroids, antibiotics and time.

The chemicals that are released from these damaged areas create changes in metabolism, glands, organs and nerves that can bring on chronic symptoms of pain, mood changes and even addictive tendencies that can last for years.



### Factor 4: Emotional & Psychological Trauma

**Click here to read more about Regulation Thermography Testing**



This is the most recognized factor affecting military personnel. Emotional

and psychological therapies are essential, but by not including treatment of the other factors affecting the physiology, they may have limited effect and no lasting result. However by acknowledging and resolving the role of toxins, nutritional deficiencies, biochemical disruptors and even drug addiction, change can happen much more easily.

## Heal Your Immunity by Beginning With Your Gut



The microbiome of the gut contains 80% of your immune cells.

I have had numerous patients observe their psychological effects reduce in intensity and frequency by as much as 80% in 30 days. Then with incredibly effective therapies such as EMDR, NET, SIT and even acupuncture, the mind can be calmed perhaps for the first time in years.

Food poisoning, parasites, Candida, fungus, H.Pylori can all disrupt the gut and the immune system.



### Factor 5: Nutritional Depletion

One thing that is undervalued is the body's nutritional foundation and

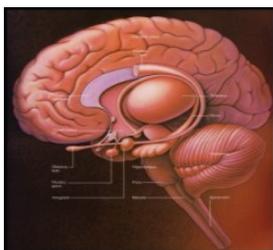
We provide combinations of whole food fibers, colon cleansing agents, liver herbs and probiotics to heal even the most damaged of gut environments.

nutrient reserves. The severe stress that servicepeople experience, often daily, depletes significant and essential vitamins, minerals and antioxidants that cannot be replaced by the food they eat. The physical and mental challenges outpace their nutritional intake by as much as 500%. This reduces their healing capability, disrupts neural processes and allows for the destruction of healthy tissue from oxidative stress.

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## Heal the Brain

One fact is that oxidative stress is the leading cause of many brain disorders and what drives many addictive tendencies as the body subconsciously looks for ways to self-medicate and soothe irritated, inflamed and damaged tissue, often by sedation.



Unresolved injury to the brain can occur as the result of a concussion, infection, inhaled chemical or environmental toxins or circulatory congestion.

We have a group of practitioners that specialize in brain trauma and healing the brain from immune assault.

Whether symptoms are loss of memory, personality changes, insomnia, loss of taste or smell or visual changes, there are natural options that can make a difference.

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### To Contact Us:

Holden Office & Dr. Karen Clickner  
consciousbodynatmed@gmail.com

Brookline Office  
cbnmreception@gmail.com

**To speak with our reception desk please call 617-505-3585**

**Please visit our main website at [www.consciousbodynatmed.com](http://www.consciousbodynatmed.com)  
For immune disorder information visit Immunity Reimagined  
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