



Welcome to the New Year!



Every society and culture looks forward to the new year and the Chinese are no exception. Beginning January 23rd is the year of the Water Rabbit according to the Chinese calendar. We are just completing an exhausting Tiger year which is characterized by all the things you would think of when you think of a tiger.

The rabbit may be gentler than the tiger expressing relaxation, fluidity, quietness and contemplation, all aspects of yin energy. It will provide for nurturing of body and soul to bring about balance but can also move very quickly and with a great deal of intuition. Rabbits are great at adapting to the environment and can protect themselves when needed.

This will be a year when hydration with fresh water is key and plants are important for health and healing. It is the perfect time to use water and plants for healing and focus on the movement of fluid. We are currently in the season of water and will be moving through Earth into the season of wood as the spring approaches. This means lots of hydration with clean, fresh water and fluid movement to keep our immunity and elimination pathways moving well.

Those who follow fixed ideas, restrictive diets and solid plans will have to soften a bit around the edges and allow for "rabbit intuition" to take the lead. Think of the spring as a time to plant new ideas, projects and plans. The spring wood element this year is more one of bushes and plants, particularly water plants and reeds. So follow the rabbit tracks in the snow and spend the winter in contemplation and relaxation so that when the spring comes the emergence of the spring plants will point the way for your ideas, dreams and plans for change.

The Pathway Detox Program



This spring we are focusing on fluid movement and unblocking the pathways of elimination that the body uses to create open avenues for toxins to leave the body. This is much more than detoxification, this is true cleansing by clearing the way for the body's natural fluid rhythm to cleanse our cells and tissues.

Over the last few years we are seeing more and more patients coming in for Regulation Thermography and finding they have severe levels of accumulated toxins and significant deficiencies in their ability to clear toxins through the body pathways. So we have developed an approach to encourage the body to clear naturally ... The Pathway Detox Program.

The One Week Basic Program - \$295.00

This option is to open and begin the clearing process of the lymphatic channels that control the movement of immune cells, nutrients and oxygen to cells while removing waste to the bloodstream and the kidneys.

- One Body Basic Decongestive Lymph session
- One Photobiomodulation Therapy session
- One FAR Infrared Sauna session
- Lymph 2 Matrix homeopathic medicinal remedy

The One Month Intensive Program - \$1450.00

(an interest-free payment plan is available)

This comprehensive program has been specially designed for those with chronic symptoms, chronic exposure to toxins, serious illness challenges or severe concerns noted in a Regulation Thermography scan. It works on multiple levels to not just open lymphatic channels, but the liver, the kidneys, the gut, the lungs and the skin for complete body clearing.

- Two Body Basic Decongestive Lymph sessions
- One Body Advanced Decongestive Lymph session
- Three Photobiomodulation Therapy sessions
- Three FAR Infrared Sauna sessions
- 30 Day RCCP complete medicinal Program Kit developed by Dr. Robert Cass
- The Detox Solution Book by Dr. Patricia Fitzgerald
- Systemic Drainage and Detox homeopathic remedies
- Medicinal Pill Box
- Detoxifying Contouring Serum for Cellulite and Edema
- \$50 credit towards a Regulation Thermography scan

[Visit our Pathway Program page](#)



Work Through the Skin with Our Elemental Remedies for Water

Selextreme Water Bath Salts
Intensive Water Facial Clay
Essential Oil Water Phyt'Ether
Cereal-Based Water Night Cream



Our Best Remedies to Restore Hydration

Spectralyte ionic mineral solution
Rehydrate Cellular Fluid Mobilizer
Hydration Complex homeopathic water remedy

Contact Cheryl to schedule with us or to order our amazing products.

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