



Conscious Body Conversations

The Latest For Men and More

Here at Conscious Body we have started seeing a trend. Wives, girlfriends and friends of men who are struggling. During CoVid when we were stuck at home something very noticeable happened. Men couldn't meet with their friends, couldn't go to work, were banned from the gym, the golf course and the local pub. During that time they began to experience fatigue, loss of focus, muscle weakness, low libido, urinary issues, breathing trouble and low endurance. They became depressed, withdrawn and argumentative. What's a woman who loves one of these men to do?

The truth about men is that testosterone does a lot more than power up sexual appetite. Men rely upon testosterone for their initiative, their energy, their endurance, their muscle definition and even their sense of self. Low testosterone has become a focus in recent medical literature, but simply taking testosterone hormone doesn't address all these aspects of testosterone that is naturally produced in each man's body. The body can never react normally to any exogenous testosterone.

After the age of 30 serum testosterone levels gradually decrease so that by the age of 60, they have fallen by more than 50%. The answer that has emerged from recent clinical studies comes from southeast Asia. **The herb Tongkat Ali.** According to 20 years of studies, Tongkat Ali helps maintain and support healthy testosterone production and all effects of healthy levels of free testosterone.



Tongkat Ali

Tongkat Ali contains a clinically trialed and standardized root extract of the revered Southeast Asian herb, *Eurycoma longifolia*, also called 'Malaysian ginseng' or 'Long Jack'. This specific Tongkat Ali extract has been studied extensively in clinical trials.

1 tablet twice daily for natural and effective testosterone support. \$49.50



What is one of the most common issues men have as they age? **Urinary Problems**

So many men start experiencing urinary issues and changes as early as 35. If left untreated this can be the first step toward prostate problems instead of the other way around. Often when older men start to notice urinary restrictions, the prostate has been a developing issue for a long time. It is so important for men to regularly follow a short protocol to clear and cleanse the urinary tract, particularly if they are uncircumcised or have had a vasectomy.

Our most effective remedies include:

- Urico Phytosynergist - bacterial urinary infections
- CAN homeopathic remedies - systemic yeast issues
- Goldenseal tablets - bacterial / sexually transmitted diseases
- ProstaCo - prostate issues
- Kidney Milieu, Rena-Tox and Arginex - kidney cleansing
- Juniper Intrinsic, Solidago Intrinsic, AC Carbamide - urinary incontinence, urgency



Cold Laser Therapy may be the best therapy for men available!

Our Cold Laser Therapy has specific settings to create amazing change and balance for men's hormonal and urinary systems. The light of the laser sends photons to the energy centers of the cells helping them produce ATP which helps with muscle energy, recovery and reduces inflammation. It is one of the only ways to reach through pathways to open ducts and ports, to settle the kidneys, open the bladder and drain tissues.

**We offer a series of 6 sessions for \$390.00 (a savings of \$60).
Use our coupon below to try your first two sessions before November 1st for \$50 each.**



Some Changes at Conscious Body

As the autumn leaves begin to fly, it's a chance for us to review and make some adjustments so that we can be as effective as possible in our goal of helping our patients and educating people about the body we each live with. We are starting to focus our practice on the dream of restoring immunology and drainage for each of our patients because this is truly becoming the key to health.

The following changes will help us to achieve that dream.

Price Increase: Beginning today, Monday October 10th, we are raising some of our prices for the wonderful things we do and the time that we spend working with and for our patients. This is because as many of you have experienced, the cost of everything from a piece of paper to shipping to groceries to electricity have all increased exponentially. Since we haven't increased our prices in a few years we need to make some adjustments so that we can continue to provide you with the very best care and personalized attention we can.

These increases will not only help us to pay the higher costs involved in the operation of our clinics, but it will cover equipment repairs and upgrades that are needed, allow us to increase our in-stock inventory and provide some added compensation to our therapists for the time and attention they provide to our patients.

There will be a \$25.00 increase in some of our therapies, a \$45.00 increase in our Comprehensive Thermography testing and an increase in the cost of the Initial Naturopathic Evaluation (however the Return Evaluations will be unchanged). These new prices will not apply to any appointments that have already been scheduled and just to help with the transition, we are providing a coupon below that will allow you to schedule and receive two therapy appointments before November 1st at the old prices.

We truly appreciate your understanding and support with these needed changes. If you have any questions or concerns, please give us a call at (617) 505-3585 and let Cheryl know.

Conventional Testing Review - many patients have been requesting Dr. Clickner to review their blood tests, urine tests, scans or thermography from other locations. We understand you wishing to have another opinion about test results and so we have created a Test Review option. You can email Dr. Clickner or our reception desk with your tests and she will review them for you and send you an email report. There is a cost of \$50.00 for this service and this is only available to current patients.

Pediatric Evaluations - Dr. Clickner will unfortunately no longer be able to offer evaluations to patients under 14 years of age. We can recommend two pediatric physicians that are holistically oriented in the area. Their contact information is included on our website under Recommended Therapists.

Do you have symptoms of something contagious? One of the things that CoVid reminded us of is the fact that we have many immune-compromised patients as well as the elderly patients that we see. Because of this we are asking that you not come in to the clinic when you have any symptoms of a potentially contagious illness. Instead simply send us an email describing your symptoms and Dr. Clickner will send you her recommendations. **We will be charging \$25.00** for this service so you'll get to stay in bed and save \$50.00!

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Come in for some natural solutions today.

Defense Against Price Increase!

This coupon entitles you to schedule and receive two (2) appointments at either location of Conscious Body Natural Medicine prior to November 1, 2022 without having to pay the new increased price.

Simply call or email Cheryl at our reception desk to schedule, or visit our online appointment system through our website.

**For products or to schedule an appointment please contact Cheryl at our Reception Desk
(617) 505-3585
cbtnreception@gmail.com**

Visit our main website for lots of helpful information at www.consciousbodynatmed.com

Conscious Body Natural Medicine of Holden & Westborough
63 Highland St. (Rte. 31 north) in Holden, MA 01520
125 Turnpike Rd. (Rte. 9) in Westborough, MA 01581
(617) 505-3585

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